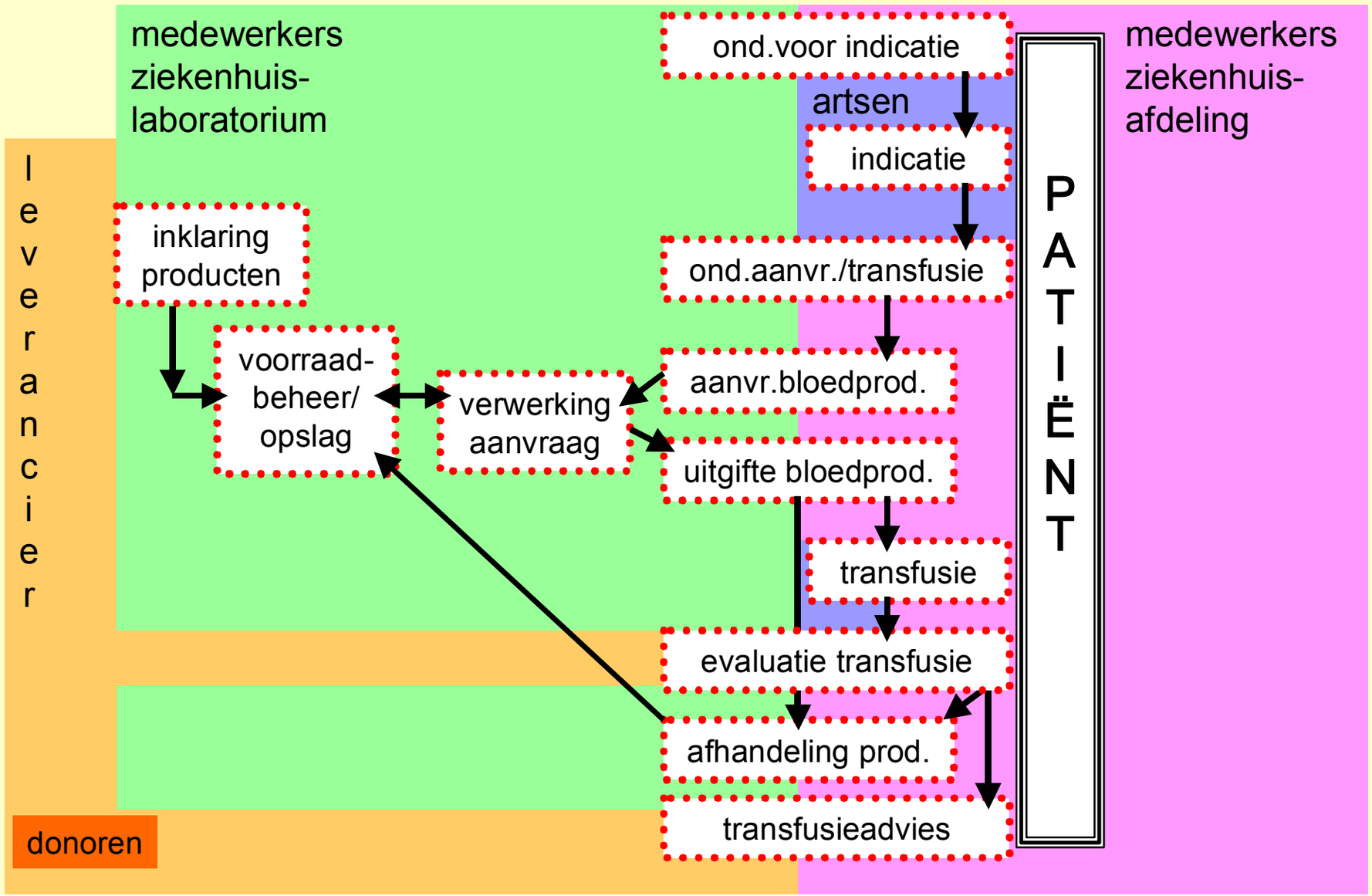Stappen in de transfusieketen